

WELCOME

Dear Friends & Colleagues,

Why do we accept an 80% success rate for almost all treatments and surgical procedures for cartilage repair – even less with rigorous follow-up? Is this a given fact, or can we do better? What are the reasons? Are our interventions of limited benefit? Does the procedure not match the patient, or is our knowledge limited?

A comprehensive ICERS Focus Meeting will address those questions, offer some answers, and help doctors, physiotherapists, sports scientists, a.o. to get better in cartilage repair & regeneration. Although much focus has been placed in recent years on the efficacy and efficiency of various techniques for treating cartilage damage in the knee joint, the indication and selection of patients is the most important parameter in cartilage regenerative therapy. This ICERS Focus Meeting focuses on clinical, imaging, and scientific aspects of this vital field and takes a look into the future to improve cartilage regenerative therapies further by knowing and influencing prognostic factors.

Philipp Niemeyer, Christoph Ergelet & Philip Roessler, Focus Meeting Chairs

Focus Meeting Chairs

Patient Profiling in Cartilage Repair: What Determines Success?

Philipp Niemeyer, Munich, Germany & Christoph Ergelet, Zurich, Switzerland

Juvenile Cartilage Lesions

Philip P. Roessler, Koblenz, Germany

Focus Meeting Organizing Office

Cartilage Executive Office (CEO) GmbH

Spitalstrasse 190A | 8623 Wetzikon, Switzerland

Phone: +41 44 503 73 70 | Email: office@cartilage.org

Course Venue & Official Hotel

Holiday Inn Munich – City Centre

Hochstrasse 3 | DE-81669 Munich, Germany

Course Language

English, no simultaneous translation will be available.

CME Credits

Applied for 15 CME Credits at the Bayerische Landesärztekammer.

Accommodation / Official Hotel

Holiday Inn Munich – City Centre

Hochstrasse 3 | DE-81669 Munich, Germany

Please visit www.cartilage.org for further information and reservations.

Faculty & Course Dinner

Take in the success of the ICERS Focus Meeting while enjoying a special evening in Munich. Seize this unique opportunity and get together with our faculty experts. Extend your networking with your international peers and colleagues in an inspiring ambience. Fee: 120 € (food & drinks included) (all Faculty Members are invited).

Industry Support & Exhibition

The Industry is invited to contribute and to support this important event. Affordable tabletop exhibits and sponsoring opportunities are available to enhance and support your organization's visibility. Interested companies please contact Stephan Seiler (sseiler@cartilage.org).

GENERAL INFORMATION

Registration & Fees

Registration is accepted online only through www.cartilage.org

Full Meeting (Dec 12-14) Part I & II	Early Bird until Sep 30	Normal Fee Oct 1 – Nov 30	Onsite Fee from Dec 1
Junior Members, Residents, Students & Physiotherapists*	€ 290.00*	€ 350.00*	€ 450.00*
ICERS Members	€ 390.00	€ 450.00	€ 550.00
Non-ICERS Members	€ 490.00	€ 550.00	€ 650.00
Industry Associates	€ 590.00	€ 650.00	€ 750.00
Part I only (Dec 12-13) Patient Profiling	Early Bird until Sep 30	Normal Fee Oct 1 – Nov 30	Onsite Fee from Dec 1
Junior Members, Residents, Students & Physiotherapists*	€ 190.00*	€ 250.00*	€ 300.00*
ICERS Members	€ 290.00	€ 350.00	€ 400.00
Non-ICERS Members	€ 390.00	€ 450.00	€ 500.00
Industry Associates	€ 490.00	€ 550.00	€ 600.00
Part II only (Dec 14) Juvenile Cartilage	Early Bird until Sep 30	Normal Fee Oct 1 – Nov 30	Onsite Fee from Dec 1
Junior Members, Residents, Students & Physiotherapists*	€ 150.00*	€ 200.00*	€ 250.00*
ICERS Members	€ 200.00	€ 250.00	€ 300.00
Non-ICERS Members	€ 250.00	€ 300.00	€ 350.00
Industry Associates	€ 300.00	€ 350.00	€ 400.00

* To be accompanied by a certificate or Valid Student ID, signed by the head of the department. Please send it to office@cartilage.org immediately after your registration.

Course Cancellation & Name Change

Written notification is required for all congress cancellations and name changes. Notifications should be sent to the Cartilage Executive Office office@cartilage.org.

Refunds for course cancellations: 50 % refund for cancellations before September 30, 2024. No refund thereafter. Name changes will be charged with a fee of € 100.

Included in the Registration Fee: Access to all sessions and industry exhibition | Welcome Reception | 2 morning welcome coffee/tea | 3 coffee breaks with refreshments and snacks | 1 lunch on Friday | Registration material, programme & app | Certificate of Attendance

Payment

Fees are in Euro and are accepted as follows: Bank Transfer, Credit cards (VISA, AMEX, Mastercard)

ICERS Membership Benefits

Attendees who apply for ICERS membership right before registration will immediately benefit from the highly reduced members' fee. Membership applications should be made online before course registration. Please note that ICERS Members who are not in good standing with their membership dues 2024 will be charged the non-member fee.

Important Dates

Deadline Course Registration Early Fee

September 30, 2024

Deadline Cancellation of Registration (refund 50%)

September 30, 2024

Deadline Course Registration Normal Fee

November 30, 2024

Onsite Fees as from

December 1, 2024

Munich, Germany | December 12 - 14, 2024

ICERS Focus Meeting

Patient Profiling in Cartilage Regeneration & Aspects of Juvenile Cartilage



PRELIMINARY
PROGRAMME

PRELIMINARY PROGRAMME

Thursday, December 12, 2024

Part I: Patient Profiling in Cartilage Repair: What Determines Success?

13:00 Registration & Badge Pick-Up

14:00 - 15:00 Session 1: Clinical Evaluation of Patients Assigned for Cartilage Repair

How Does Patient History and Previous Treatments Influence Outcome? - Snow Martyn (UK)
Bad Healers vs Good Healers: How I Choose my Patients - Verdonk Peter (BE)
Metabolic Disorders and its Influence on Cartilage Repair Outcome - Ergelet Christoph (CH)
Joint Homeostasis and its Relevance in Cartilage Repair - McCarthy Helen (UK)
Q&A | Discussion

15:00 - 16:00 Session 2: Imaging in Cartilage Repair: What Matters?

Conventional Radiographs: What Should we do and What is Important? - Mehl Julian (DE)
MRI Evaluation of Cartilage Defects - Trattnig Siegfried (AT)
Early Degeneration and Joint Profiling by Imaging Technologies - Speaker TBD
Imaging of Cartilage: Future Perspectives - Jungmann Pia (DE)
Q&A | Discussion

16:00 - 16:45 Coffee Break / Exhibition

16:45 - 17:45 Session 3: Functional Assessment of Cartilage Patients Prior to Surgery

Functional Assessment of Cartilage Repair Patients Prior to Surgery: The Physio View - Wondrasch Barbara (AT)
Influence of Alignment on Cartilage Repair Outcome - Mehl Julian (DE)
Influence of Stability on Cartilage Repair Outcome - Herbert Mirco (DE)
Molecular Characterization of Cartilage Repair Patients - McCarthy Helen (UK)
Q&A | Discussion

17:45 - 18:15 Session 4: Key Note Lecture

Inflammation in Cartilage Repair: Relevance and Treatment Options - Lattermann Christian (US)
Q&A | Discussion

18:15 - 19:30 Welcome Reception

International Faculty (tentative)

Angele Peter (DE)	Lattermann Christian (US)	Shea Kevin (US)
Catalá-Lehnen Philip (DE)	Malda Jos (NL)	Simmons Serena (UK)
Debieux Pedro (BR)	McCarthy Helen (UK)	Snow Martyn (UK)
Ergelet Christoph (CH)	Mehl Julian (DE)	Trattnig Siegfried (AT)
Frings Jannik (DE)	Mumme Marcus (CH)	Verdonk Peter (BE)
Gomoll Andreas (US)	Neudecker Moritz (DE)	Wagner Kerstin (DE)
Herbert Mirco (DE)	Niemeyer Philipp (DE)	Wondrasch Barbara (AT)
Imhoff Florian (CH)	Nissen Carl (US)	Zellner Johannes (DE)
Jungmann Pia (DE)	Plaass Christian (DE)	Zinser Wolfgang (AT)
Kon Elizaveta (IT)	Roessler Philip (DE)	
Kreuz Peter Cornelius (DE)	Rupp Marco (DE)	

PRELIMINARY PROGRAMME

Friday, December 13, 2024

Part I: Patient Profiling in Cartilage Repair: What Determines Success?

09:00 - 10:00 Session 5: Standards in Cartilage Repair - Update Session

Bone Marrow Stimulation - Current Relevance and Update - Kreuz Peter Cornelius (DE)
Biomaterials: Current Relevance and Update - Kon Elizaveta (IT)
Cell and Tissue derived Therapies: Current Relevance and Update - Niemeyer Philipp (DE)
Osteochondral Transplantation (Allograft and Autograft): Current Relevance and Update - Snow Martyn (UK)
Q&A | Discussion

10:00 - 10:45 Coffee Break / Exhibition

10:45 - 11:45 Session 6: Early Osteoarthritis and Prevention

Who is at Risk for Knee Osteoarthritis and What can be Done for Prevention - Lattermann Christian (US)
Injection for Knee Osteoarthritis - Catalá-Lehnen Philip (DE)
Early Osteoarthritis: Where is the Limit for Cartilage Repair - Angele Peter (DE)
Can Injections Help to Support Surgical Cartilage Repair - Roessler Philip (DE)
Q&A | Discussion

11:45 - 12:15 Session 7: Key Note Lecture

Mental Patient Profiling in Cartilage Repair: What Can we Learn from the Crime Scene? - Simmons Serena (UK)

12:15 - 13:45 Lunch Break & Industry Symposium

13:45 - 14:45 Session 8: Case Session and Discussion

Case 1: Verdonk Peter (BE)
Case 2: Kon Elizaveta (IT)
Case 3: Angele Peter (DE)
Case 4: Snow Martyn (UK)

14:45 - 15:15 Session 9: Key Note Lecture

What Can we Learn from Profiling and Employee Recruitment - Wagner Kerstin (DE)
Q&A | Discussion

15:15 - 15:45 Coffee Break

15:45 - 16:15 Session 10: Key Note Lecture

My Learnings in Cartilage Repair Within the Last 20 Years - Ergelet Christoph (CH)
Q&A | Discussion

16:15 - 17:15 Session 11: Beyond Defect Size ... What Influences Outcome?

Role of Subchondral Bone - Zellner Johannes (DE)
Relevance of the Meniscus for Cartilage Repair - Niemeyer Philipp (DE)
Artificial Intelligence: What can we Learn from Big Data - Rupp Marco (DE)
What Should Influence Treatment Choice Except for Defect Size - Verdonk Peter (BE)
Q&A | Discussion

**17:15 - 18:15 Session 12: Podium Discussion & Farewell:
Can Patient Profiling be Changed for Better Outcome**

Ergelet Christoph (CH), Niemeyer Philipp (DE)

19:30 - 23:30 Course & Faculty Dinner

PRELIMINARY PROGRAMME

Saturday, December 14, 2024

Part II: Juvenile Cartilage Lesions

08:00 - 09:00 Session 13: Foundations of Juvenile Cartilage Regeneration

Epiphysis: Why Children are Different - Malda Jos (NL)
Specific Juvenile Cartilage Lesions - Lattermann Christian (US)
Monitoring and Prevention - Can we Influence the Future? - Mumme Marcus (CH)
Orthobiologics in Children - Is That Even Possible? - Kon Elizaveta (IT)
Q&A | Discussion

09:00 - 10:00 Session 14: Concomitant Factors for Treatment Success

Do Children Rehab Different? - Neudecker Moritz (DE)
Discoid Meniscus: What (not) to do - Verdonk Peter (BE)
Lower Extremity Deformities - Imhoff Florian (CH)
Hyperlaxity and Ligamentous Instability - Debieux Pedro (BR)
Q&A | Discussion

10:00 - 10:30 Coffee Break

**10:30 - 11:45 Session 15: Osteochondritis Dissecans (OCD)
Session Co-organized with ROCK/ROCKET Group**

Pathogenesis and Healing Prediction of OCD - Nissen Carl (US)
Conservative Options: Do we Really Need to Operate? - Roessler Philip (DE)
Suture Bridge Fixation - Speaker TBD (CH)
Allografts - Shea Kevin (US)
Particulated Cartilage - Frings Jannik (DE)
Q&A | Discussion

11:45 - 12:15 Session 16: Cartilage Across a Lifespan: A Patient Journey
(Patient Interview/Case Presentation) - Roessler Philip (DE)

12:15 - 13:45 Lunch Break & Industry Symposium

13:45 - 14:30 Session 17: Joint Specific Juvenile Problems

Hip - Zinser Wolfgang (AT)
Patellofemoral - Gomoll Andreas (US)
Ankle - Plaass Christian (DE)
Q&A | Discussion

**14:30 - 15:00 Session 18: Farewell / Initiation of ICRS Consensus on Juvenile
Cartilage Lesions - Roessler Philip (DE)**

15:00 Adjourn

Updated Information

Please note that this is a preliminary programme. For updated information (topics, faculty, registration fees, etc.) please visit www.cartilage.org.

Diamond Partners

