

ICRS PATIENT REGISTRY

Achievements and Opportunities
Bulletin

2024

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Celebrating Our Achievements in 2024

The ICRS Patient Registry continues to make groundbreaking strides in advancing cartilage repair and joint preservation research. We're proud to share our 2024 milestones, which set the stage for further expansion and innovation in 2025.

Key Milestones:

- **Global Expansion**: Over 160 active users across 14 countries—more than a 100% increase from the previous year!
- New language translations: The patient portal and questionnaires were translated into Lithuanian, making our Registry more inclusive. French and Turkish translations are underway!
- Improved Data Completeness: Race, ethnicity, subchondral lesion categorization and AMADEUS score were added to enhance treatment tracking and patient outcomes.
- Expanded Follow-Up Options: Now offering 3-month assessments in addition to baseline, 6-week, 6-month, 12-month, and annual follow-ups.
- **New User-Friendly Webpage**: Simplifying access and navigation for both clinicians and patients.
- **Expanded Sponsor Products**: More than 20 new products from our esteemed sponsors.

Innovative Features:

- Automated Clinician Updates: Clinicians can now opt to receive automated emails
 when one of their patients enrols in the Registry. This feature encourages more active
 participation and helps complete critical datasets.
- ICRS Logo for Authentication: Added the ICRS logo to patient follow-up emails to ensure authenticity and trust.

Sponsorship Opportunities:

Explore a range of **sponsorship levels** starting from €5,000 (Silver level) with custom reports on accumulated results. Our **sponsor training events** and the delivery of **annual reports** offer unique opportunities for engagement.

Educational and Technical Support:

- **Training Resources**: Created instructional videos and written materials for sponsors and general user guidance.
- Public Engagement: Watch our ICRS Patient Registry Public Engagement Event 2024 video on the ICRS YouTube channel.
- **Live Demonstrations & Promotional Material**: Updated flyers and patient resources are available to help clinicians implement the Registry.

Research and Collaboration:

- Published Studies: Two major studies published based on data from the ICRS Patient Registry:
 - Tawy GF, Ojaghi R, McNicholas MJ. Body mass index and sex and their effect on patient-reported outcomes following cartilage repair: an insight from the International Cartilage Regeneration and Joint Preservation Society Patient Registry. *Journal of Cartilage & Joint Preservation*. 2024;4(2):100165. https://doi.org/10.1016/j.jcjp.2024.100165
 - Tawy GF, McNicholas MJ. Differences in pretreatment symptoms of patients receiving injections or surgery to treat cartilage lesions of the knee: an International Cartilage Regeneration and Joint Preservation Society Patient Registry Study. *Journal of Cartilage & Joint Preservation*. 2024;4(3):100162. https://doi.org/10.1016/j.jcjp.2023.100162

Ongoing Collaborative Studies:

- "Improving Data Quality from Platelet-Rich Plasma Knee Injections" Theodorakys Marin Fermin
- "Preferred cartilage repair strategies in middle-aged patients (40-60 years)" –
 Ufuk Tan Timur
- **Clinical Trials:** Take advantage of post-marketing surveillance opportunities as a Sponsor and follow up with your cartilage-related products for optimal compliance.
- Mentorship Program: Launching soon to foster collaboration between mentors/Top
 registry users and young members and knowledge-sharing within the cartilage repair
 community.

International Growth and Engagement:

- Global Presence: The ICRS Registry team is active at key international meetings:
 - o 17th ICRS World Congress, Sitges, Spain.
 - o ICRS Focus Meeting on Knee Osteotomies, Manchester, UK.
 - o Biological Knee Society Annual Meeting, Leeds, UK.
 - o ICRS Focus Meeting on Patient Profiling & Juvenile Cartilage, Munich, Germany.
 - Next Stop: 4th ICRS World Series in Brazil, 2025!
- Call for Country Ambassadors: We're looking for passionate volunteers to represent the ICRS Registry in more countries— if you are a current registry advocate and/or user and interested in helping, please contact us now by emailing our Registry Manager and Chair at theodorakys.marin@cartilage.org and drvanbemden@gmail.com.

Looking Ahead:

With continued support from you, our sponsors and collaborators, the ICRS Patient Registry is poised for an even greater impact in 2025. Together, we are transforming the landscape of cartilage repair research.

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