

INSTITUTO DE ORTOPEDIA

Instituto de Ortopedia Dr Raimundo Filho

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Ms Iara Bandeira
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Data on Clinical/Research Center

We are a Clinical Center:	✓
We are a Research Center:	✓
We are both:	✓
In University Programme:	✗
Private Practice Programme:	✓
Primary Language:	Portuguesa
Secondary Language:	Inglês

Please provide a general description of your program:

We are a group of orthopedics and traumatology, where we use invasive minimanete techniques and with the use of video arthroscopy of most joints

Training/Techniques are available

- Shoulder Procedures
 - Chondroplasty
 - Mosaicplasty
 - OATS
 - Second or Third Generation ACI
 - Osteochondral Allograft Reconstruction
 - Meniscus Transplantation
 - Patello-femoral Realignment/ Reconstruction
 - Osteotomies
 - Unicondylar- & Total Joint Arthroplasty of Knee
 - Non Operative Interventions (including Visco-supplementation)
 - PRP
 - Fourth generation ACI
 - Knee Joint Distraction
- Knee Procedures
- Fourth generation ACI
- Foot & Ankle Procedures
- Hip Procedures

Approximate Annual Case Volumes

Knee Procedures:	576
Hip Procedures:	146
Foot & Ankle Procedures:	160
Shoulder Procedures:	144
Advanced Cartilage Repair techniques:	180

Opportunities, Experiences and Location of the Teaching Center

Scientific Research Opportunities Available:

We understand that replacing joints is a path of no return and therefore before defining the definitive treatment we routinely use therapeutic methods in order to improve the quality of life of our patients such as viscosupplementation with hyaluronic acids, physical therapy and stimulus for muscle strengthening as well as stretches. From the Surgical point of view, we started to correct the mechanical axis in order to provide joint harmonization through the redistribution of loads during gait, then we use AMIC by videoarthroscopy and in some cases Lipogems. Prosthesis surgeries are performed in Patients with Remactic Disorders and in those whose Arthrosis has reached a high degree of three-compartment degeneration.

Describe your participation in past ICRS educational, hosting or society events

ICRS meeting in Carlsbad, USA 02/2020; ICRS meeting Milano 12/2018; ICRS meeting Sorrento, Italy Current Concepts, Orlando 12/2019; Update Course Vail, Colorado, USA, with Dr La Prad

Can your center provide free or reduced-cost accommodation through your institute?

yes

Who should be contacted:

Ms Iara Badeira

Nearest Airport to your institution is

Deputado Luiz Eduardo Magalhães International Airport

Any other important information thath you would like to add

Life is more worthwhile when we always seek to update our knowledge through the exchange of scientific information

Share on:



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