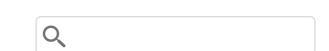


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# The Cartilage Repair Center – St. Mary's Hospital

901 45th Street 33407 West Palm Beach USA

www.cartilagerepaircenter.org

**Gwen Watkins** +1-561-844-5255 ext 246 Tminas@paleyinstitute.org

#### Data on Clinical/Research Center

We are a Clinical Center:	~
We are a Research Center:	~
We are both:	~
In University Programme:	×
Private Practice Programme:	~
Primary Language:	English
Secondary Language:	Spanish

#### Please provide a general description of your program:

Program in reconstructive knee surgery with a focus on young arthritics. Based on the patients demands and injury pattern, each individual is evaluated for background factors; alignment of the TF and PF joint, ligament and meniscal deficiency and articular damage. An individualized treatment plan is developed and performed. Treatments include athroscopic debridement, OATS, meniscal repairs and combined reconstructive biologic repairs including ostetotomies, ligament reconstructions, meniscal transplants, osteochondral transplants and MACI when indicated. Customized arthroplasties for uni, bicompartmental and total knee arthroplasty are performed regularly and revision total knee arthroplasty as well. All outcomes are collected prospectively for clinical research purposes.

#### Training/Techniques are available

- Foot & Ankle Procedures
- Knee Procedures
  - Chondroplasty
  - Mosaicplasty
  - OATS
  - Second or Third Generation ACI
  - Osteochondral Allograft Reconstruction
  - Meniscus Transplantation
  - Patello-femoral Realignment/ Reconstruction
  - Osteotomies
  - Unicondylar- & Total Joint Arthroplasty of Knee
  - Non Operative Interventions (including Visco-supplementation)

#### **Approximate Annual Case Volumes**

Knee Procedures:	150
Hip Procedures:	Open hip procedures only-PAO- Dr. David Feldman
Foot & Ankle Procedures:	Both available with Dr. Bradley Lamm
Shoulder Procedures:	Not available
Advanced Cartilage Repair techniques:	100

### Opportunities, Experiences and Location of the Teaching Center

# Scientific Research Opportunities Available:

Clinical outcomes research for joint preservation and replacement of the knee. Basic science research not available.

## Describe your participation in past ICRS educational, hosting or society events

Prior chairman of the Education Committee of the ICRS and have organized several ICRS surgical skills courses and participated in others as a lecturer and demonstrator.

#### Can your center provide free or reduced-cost accommodation through your institute?

yes

# Who should be contacted:

Gwen Watkins, administartive assistant to Dr. Minas. Gwatkins@paleyintitute.org

## Nearest Airport to your institution is

1-Palm Beach International Airport, 2-Fort Lauderdale International Airport 3- Miami International Airport

### Any other important information thath you would like to add

Orthopedic Surgeons who wish to Observe surgeries may obtain a "Surgical Observer" status at our institution and be 'Scrubbed Observers' if they wish . Clinical Research Fellowships are available but are self funded only by the fellow / their sponsoring institution at this time. Funded fellowships at the Paley institute are only available to USA Fellows that obtain a license in Florida.

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## Contact

+41 (0)44 503 73 70 FAX +41 (0)44 503 73 72 ☑ office@cartilage.org

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