

GENERAL INFORMATION

Registration & Fees

Registration is accepted online only through www.cartilage.org

Cadaver Lab

Limited availability first-come, first-served	Early Bird Fee until Oct 31	Regular Fee Nov 1 – Dec 31	Late Fee from Jan 1
Juniors, Residents, Students*	€ 900*	€ 1000*	€ 1100*
ICRS Members	€ 1200	€ 1300	€ 1400
Non-ICRS Members	€ 1300	€ 1500	€ 1700

* To be accompanied by proof of enrolment as a student or similar documents. Please send it to office@cartilage.org immediately after your registration.

The registration fee includes cadaver lab, online lectures, registration materials, program/app, certificate of attendance, welcome reception, coffee breaks, and lunches.

Observer

Limited availability first-come, first-served	Early Bird Fee until Oct 31	Regular Fee Nov 1 – Dec 31	Late Fee from Jan 1
Physiotherapists	€ 900	€ 1000	€ 1100
Industry Associate Observer	€ 1500	€ 1700	€ 1900

The registration fee includes an observer spot in the wet lab, online lectures, registration materials, program/app, certificate of attendance, welcome reception, coffee breaks, and lunches.

Corporate

	Early Bird Fee until Oct 31	Regular Fee Nov 1 – Dec 31	Late Fee from Jan 1
Industry Associate	€ 600	€ 700	€ 800

booth access only, no wet-lab access

The registration fee includes access to the exhibition, registration materials, program/app, certificate of attendance, welcome reception, coffee breaks, and lunches.

Payment

Fees are in Euro and are accepted as follows: Bank Transfer, VISA, AMEX, Mastercard.

Course Cancellations

Please note the following refund policy for paid registrations:

- 50% refund for cancellations before October 31, 2025.
- No refunds thereafter

Written notification is required for all registration cancellations and changes. Request should be sent to the Cartilage Executive Office office@cartilage.org.

Cancellation of the Congress by the Organizer Congress fees will be reimbursed if the Congress is cancelled for reasons other than war, warlike events, natural disasters, acts of terrorism, or sickness epidemics. In the latter circumstances, only a proportion of the congress fee would be refundable.

Name Changes

Name changes of registrations will be charged with an administrative fee of € 100.

GENERAL INFORMATION

ICRS Membership Benefits

Attendees who apply for [ICRS membership](#) right before registration will immediately benefit from reduced registration fees. Membership applications should be done online before course registration. Please note that ICRS Members who are not in good standing with their membership dues 2025 and/or 2026 will automatically be charged with the non-member fee.

Accommodation

The ICRS has secured a block of rooms at competitive rates at the [Holiday Inn Resort Warszawa-Józefów](#). We encourage participants and industry partners to take advantage of this opportunity by booking their hotel rooms as early as possible, ideally before October 31, 2025.

For more information visit our [website](#).

Course Language

English, no simultaneous translation will be available.

Faculty & Course Dinner

Take in the success of the ICRS Surgical Skills Course while enjoying the typical Polish atmosphere and food. Seize this unique opportunity and get together with our faculty experts. Extend your networking with your international peers and colleagues in an inspiring ambience.

Insurance & Liability

Insurance coverage is the responsibility of each participant. This includes health, travel, and personal liability insurance. Given the hands-on nature of the course, we strongly recommend ensuring you have appropriate coverage for any potential accidents or incidents in the laboratory.

Updated Information

For updated information (topics, faculty, registration fees, etc.) please scan the QR code:



Diamond Partners



Ruby Partners



9TH ICRS SURGICAL SKILLS COURSE JOINT PRESERVATION TECHNIQUES FROM A TO Z

CADAVER LAB

WARSAW | POLAND
APRIL 24 - 25, 2026

PRELIMINARY PROGRAM

WWW.CARTILAGE.ORG

WELCOME

Dear Colleagues,
We are delighted to invite you to the ICRS Surgical Skills Course in Warsaw, Poland, on April 24–25, 2026.

This intensive hands-on course is dedicated to joint preservation techniques, with practical training in cartilage repair, meniscus preservation, osteotomies, and biologic joint restoration. Working on cadaveric specimens under the guidance of an international faculty, participants will follow step-by-step instructions, observe live demonstrations, and practice at structured skills stations.

The program includes advanced meniscal repair, realignment osteotomies, state-of-the-art cartilage reconstruction, and the latest orthobiologic therapies. A blended learning format, online lectures before the event, ensures maximum lab time for hands-on work.

Physiotherapists are welcome to join selected lab sessions and dedicated sessions on rehabilitation, highlighting the vital collaboration between surgeons and therapists.

Join us in Warsaw for outstanding surgical training, international networking, and the chance to explore a vibrant city rich in history, culture, and energy.

Konrad Slynarski, *Course Director*

International Faculty

Mats Brittberg (SE)	Mike McNicholas (UK)
Leela Biant (UK)	Emmanuel Papacostas (QA)
Konstantinos Epameinontidis (QA)	Thomas Piontek (PL)
Alberto Gobbi (IT)	Philip Roessler (DE)
John Lane (USA)	Konrad Slynarski (PL)
Christian Lattermann (USA)	Kenneth Zaslav (USA)

Course Director

Konrad Slynarski, MD, PhD
Head of the Clinic, Owner w Klinika Chirurgii Kolana Slynarski Knee Clinic, Warsaw, Poland

Scientific Program Committee

Konrad Slynarski, Warsaw, Poland
John Lane, La Jolla, USA

Course Organising Office

Cartilage Executive Office (CEO) GmbH, Spitalstrasse 190A,
CH-8623 Wetzikon, Switzerland | Phone: +41 44 503 73 73
Email: office@cartilage.org | www.cartilage.org

Course Venue

Centrum Edukacji Medycznej **CEM**
ul. Bysławska 84 (budynek MeraPark Wawer – wejście B, 3 piętro)
04-993 Warszawa, Polska
+48 785 556 600 / +48 885 881 864
kontakt@cem-med.pl | <https://www.cem-med.pl/>

PRELIMINARY PROGRAM

THURSDAY, APRIL 23, 2026

19:00 - 21:00 h	Welcome reception, opening remarks and course overview Location: Holiday Inn Resort Warszawa-Józefów
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FRIDAY, APRIL 24, 2026

Cartilage, Meniscus & ACL Repair Techniques

07:00 h	Transfer from Holiday Inn to CEM
07:30 - 08:00 h	Registration & Welcome Coffee
08:00 - 08:30 h	Industry Presentations (pre-recorded)
08:30 - 10:20 h	Hands-On Session 1: Meniscus Repair and Reconstruction <i>Track I: Application of meniscal all-inside, inside-out, outside-in sutures; Ramp lesion; Meniscal root repair; Centralization, Scaffolds</i> <i>Track II: Meniscal Allograft Transplantation</i>

10:20 - 10:50 h Coffee Break / Exhibition

10:50 - 13:00 h Hands-On Session 2: ACL (ACL Repair, ACL Reconstruction)

13:00 - 14:00 h Lunch Break

14:00 - 16:00 h	Hands-On Session 3: Cartilage Repair Techniques <i>Practical cadaveric practice on debridement</i> <i>Application of scaffolds</i> <i>Minced cartilage</i> <i>Osteochondral Autograft Transplantation</i> <i>Mini implants</i>
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16:00 - 16:30 h Coffee Break / Exhibition

16:30 – 17:45 h	Case Presentations & Review of the Day <i>Open discussion for questions and feedback</i>
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19:30 - 23:00 h Course & Faculty Dinner

PRELIMINARY PROGRAM

SATURDAY, APRIL 25, 2026

Orthobiologics, Osteotomies and Knee Joint Distraction

08:00 h	Transfer from Holiday Inn to CEM
08:30 - 10:00 h	Hands-On Session 4: Orthobiologics and Injectables <i>Bone marrow aspiration, Lipoaspiration, PRP, Ultrasound guided injections</i>
10:00 - 11:30 h	Hands-On Session 5a: Osteotomy Procedures <i>Practical cadaveric exercises on tibial and femoral osteotomy techniques</i> <i>Fundamental: HTO, DFO, TTO</i> <i>Advanced: slope-changing HTO, rotational osteotomies</i>

11:30 - 12:00 h Coffee Break / Exhibition

12:00 - 13:30 h	Hands-On Session 5b: Osteotomy Procedures <i>Practical cadaveric exercises on tibial and femoral osteotomy techniques</i>
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13:30 - 14:30 h Lunch Break

14:30 - 16:30 h	Hands-On Session 6: Practical cadaveric exercises on Partial Knee Arthroplasty Techniques (UNI, PFJ)
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16:30 - 17:00 h Coffee Break / Exhibition

17:00 - 17:30 h	Hands-On Session 7: Joint Distraction
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17:30 h	Final Q&A session and Wrap-Up <i>Summary of the Course</i>
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18:00 h Course Adjourns