

The MIS Orthopaedic Center, St Loukas General Hospital

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Greece
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www.the-mis.gr/

Ioannis Terzidis
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Data on Clinical/Research Center

We are a Clinical Center:	✓
We are a Research Center:	✓
We are both:	✓
In University Programme:	✗
Private Practice Programme:	✓
Primary Language:	Greek and English
Secondary Language:	English

Please provide a general description of your program:

The Fellow will be actively involved in daily surgeries performed at Agios Loukas Clinic, clinical examinations at The MIS Orthopaedic Center across three private practice locations, activities at the specialized rehabilitation center "Anagennisi by Themis," and research protocols aimed at publication, focusing primarily on cartilage repair techniques and regenerative medicine. A scheduled program of activities is in place on both a weekly and monthly basis.

Training/Techniques are available

- Hip Procedures
- Knee Procedures
- Microfracture Chondroplasty Mosaicplasty OATS
- Second or Third Generation ACI
- Patello-femoral Realignment/ Reconstruction Osteotomies
- Unicondylar- & Total Joint Arthroplasty of Knee and hip
- Robotics (Rosa)
- Non Operative Interventions (including Visco-supplementation) PRP
- Shoulder Procedures Foot & Ankle Procedures

Approximate Annual Case Volumes

Knee and Hip Procedures:	200
Foot & Ankle Procedures:	50
Shoulder Procedures:	50
Advanced Cartilage Repair techniques:	110

Opportunities, Experiences and Location of the Teaching Center

Scientific Research Opportunities Available:

The program includes research protocols aimed at publication, focusing primarily on cartilage repair techniques and regenerative medicine. The Center has reported scientific publications related to cartilage and regenerative medicine, including work on stromal vascular fraction, autologous chondrocyte coimplantation on hyaluronan scaffolds, and postoperative rehabilitation.

Describe your participation in past ICRS educational, hosting or society events

Center members have participated in the following ICRS activities:

- ICRS Focus Meeting, **Allografts and Synthetics**, Nice, France, April 27–29, 2023
- ICRS World Congress 2023, Sitges, Spain, September 9–12, 2023
- 7th ICRS Surgical Skills Course, Doha, Qatar, January 26–28, 2023
- ICRS Focus Meeting, Thessaloniki, Greece, June 23–25, 2022

Members involved in official ICRS activities include **Prof. Ioannis Terzidis, Prof. Tryfon Totlis, Dr. Aristotelis Sideridis, and Dr. Efthymios Papasoulis.**

Who should be contacted:

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Nearest Airport to your institution is:

Thessaloniki Airport (SKG)

Any other important information that you would like to add

TheMIS Orthopaedic Center is a **both Scientific & Clinical setting**, with clinical activities at Agios Loukas Clinic, outpatient clinical examinations at TheMIS Orthopaedic Center, rehabilitation activities at “Anagennisi by Themis,” and dedicated research protocols in cartilage repair and regenerative medicine. The Center has hosted/involved fellows and visitors from Venezuela, Romania, Poland and Greece, with **10 visitors/fellows over the last five years.**